

FACULTY OF HEALTH

School of Health and Human Performance

Bachelor of Science (Kinesiology) First Year Course Planning Guide

2020-2021 Academic Year

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students or any student with questions about Kinesiology course selection should contact one of the HAHP advisors:

Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

| Fall | Winter |
|--|---|
| Kinesiology (KINE) 1104: Foundations in Kinesiology Lecture and Lab | Kinesiology (KINE) 1102: Physical Activity and Health Lecture and Lab |
| Anatomy (ANAT) 1020: Basic Human Anatomy Lecture only | Kinesiology (KINE) 1106: Philosophy and Ethics for Kinesiology Lecture and Tutorial (tutorial is in an online format) |
| English (ENGL) 1100: Writing for University * Lecture section 2 and Tutorial (choose one from T05 – T08) | Kinesiology (KINE) 1108: Psychology and Physical Activity Lecture and Lab |
| Physiology (PHYL) 1011: Human Physiology 1 ** Lecture and Tutorial | Physiology (PHYL) 1012: Human Physiology 2. ** Lecture and Tutorial |
| Science Elective (see options below) **** Lecture and Lab or Tutorial (if required) | Science Elective (see options below) **** Lecture and Lab or Tutorial (if required) |
| Interprofessional Health Education (IPHE) 4900: Inter-professional Health Education Portfolio *** Lecture section 02 | Interprofessional Health Education (IPHE) 4900: Inter-professional Health Education Portfolio. *** Lecture section 02 |

* **ENGL1100:** Please register for section 02 and choose one tutorial from sections T05-T08. The tutorial is showing at the same time as the lecture on Thursday and will appear as a conflict - please proceed to register for both regardless.

** **PHYL 1011 and 1012** – Students must register for a tutorial along with the lecture. The tutorial is optional so students are not required to attend but you must register for it.

*** **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (section 02) every term during the degree program.

**** SCIENCE ELECTIVE CHOICES

The science elective chosen for each term in first year must be selected from the following list – please select one course from the list for each term:

FALL

- **Biology:** [BIOL 1010.03](#) or [BIOL1020.03](#)
- **Chemistry:** [CHEM 1011.03](#)
- **Mathematics:** [MATH 1000.03](#) or [MATH 1215.03](#)
- **Psychology:** [PSYO 1011.03](#)

WINTER

- **Biology:** [BIOL 1011.03](#) or [BIOL 1021.03](#)
- **Chemistry:** [CHEM 1012.03](#) (Pre-requisite CHEM 1011.03)
- **Mathematics:** [MATH 1010.03](#) (Pre-requisite MATH 1215.03 or MATH 1000.03)
- **Psychology:** [PSYO 1012.03](#)

